

**How to Build a
Stronger Core**

**Inside the World of
Shady Supplements**

**Trail-Running
Essentials**

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THE NEXT GREAT BEACHES

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15

**UNDISCOVERED
GEMS THAT
WON'T STAY
SECRET FOR LONG**

BEST FOR CAMPING

1 | BioLite Base Lantern XL

A 500-lumen LED lights up a campsite for up to 78 hours, and two USB ports provide juice for that phone or speaker you can't leave at home. **\$130; bioliteenergy.com**

All-Star Power Plays

Portable high-capacity batteries mean there's no excuse for getting stuck with a dead device. Here are the best ways to stay juiced — no matter where you roam.

by **JESSE WILL**

BEST FOR TAILGATING

2 | Goal Zero Yeti 1400 Lithium

In lieu of a gas-powered generator that stinks and chugs along annoyingly, the silent Yeti 1400 is a 46-pound lithium-ion unit capable of firing up a flatscreen TV or even a fridge. **\$1,999; goalzero.com**

To maintain the health of a battery, make sure it has some charge before storing it for an extended period of time.

BEST FOR HEADPHONES

3 | Mophie Power Capsule

Bluetooth earbuds have eliminated wires, but they've added a power dependency. This clamshell case has a built-in battery that recharges headphones on the go. **\$40; mophie.com**

BEST FOR LAPTOPS

4 | ChargeTech Portable Outlet

Off the grid? Plug any device directly into the ChargeTech's standard three-prong outlet, and the 27,000 mAh battery will run it for up to three times its regular charge. **\$185; chargetech.com**

BEST FOR CARS

5 | Cobra JumpPack XL

You don't want to rely on a stranger appearing with cables: The JumpPack fits in a glove box and stores enough power (for three months) to jump a car three times. **\$150; cobra.com**

BEST FOR PHONES

6 | Anker PowerCore Speed 10000 QC

Supersmall and superfast, the PowerCore fully restored our iPhone 7 three times. And its charging time for most phones nearly rivals plugging in at home. **\$36; anker.com**

PROP STYLING BY PETER TRAY FOR ART DEPARTMENT